

Universitatea din Oradea

Nr. 736 / 18.01.2016

FORMULAR DE CANDIDATURĂ
pentru funcțiile de conducere din structura Universității din Oradea
(decan, membru în Senatul universitar, rector)
mandatul 2016 - 2020

Subsemnatul:

Numele și prenumele BORA CARMEN HORTENȘIA
Gradul didactic LECTOR
Titular la Departamentul PSIHLOGIE
Facultatea DE ȘTIINȚE SOCIO-UMANE

Depun candidatura pentru

Funcția de MEMBRU ÎN SENATUL UNIVERSITĂȚII DIN ORADEA
Facultatea (dacă este cazul) DE ȘTIINȚE SOCIO-UMANE

Declar pe proprie răspundere că în cazul în care voi fi ales/selectat ~~voi intra~~/nu voi intra în stare de incompatibilitate sau în conflict de interese, în sensul celor prevăzute de Carta universității.

Data

18.01.2016

Semnătura candidat

Formularul se completează în 2 exemplare și se înregistrează la registratura universității. Pentru funcția rector el se depune cu cel puțin 15 zile înainte de data ședinței de alegeri.

Pentru funcția de decan, termenul limită de depunere a candidaturii se va stabili printr-o hotărâre a rectorului nou-ales.



Europass Curriculum Vitae

Personal information

<i>Surname(s) / First name(s)</i>	BORA CARMEN HORTENSIA		
Address(es)	Lapusului Street, no.19 sc.B ap.61, Oradea, Bihor County Romania		
Telephone(s)	Work 004.0359.408.213	MOBILE 004.0745.358.478	
E-mail	carmen_bora@yahoo.com		
Nationality	Romanian		
Date of birth	15.07.1977		
Gender	F		

Work experience

Dates	03.10.2011 – present		
Occupation or position held	LECTURER		
Main activities and responsibilities	Lectures on Vocational counseling, Clinical psychodiagnosis of children and adolescents, Children and adolescent psychopathology Elaboration of evaluation forms for students Research in psychology		
Name and address of employer	University of Oradea, Faculty of Social Humanistic Science, Department of Psychology, University Street, no. 1, Oradea, Romania		
Type of business or sector	Higher education		
Dates	01.10.2002 – 02.10.211		
Occupation or position held	PSYCHOLOGIST		
Main activities and responsibilities	Individual and group psychological counseling, psychotherapy, psychological evaluation, career counseling Research in psychology		
Name and address of employer	University of Oradea, Psychological and Career Counseling Center, University Street, no. 1, Oradea, Romania		
Type of business or sector	Higher education		
Dates	01.09.2001 – 30.09.2002		
Occupation or position held	PSYCHOPEDAGOGIST		
Main activities and responsibilities	Psychological evaluation of pupils with mental retardation, logopedical intervention and psychological counseling		
Name and address of employer	No. 2 Special School, Olimpiadei Street, Oradea, Romania		
Type of business or sector	Special education		

Education and training

Dates	September 2005 – June 2011		
Title of qualification awarded	Ph.D		
Principal subjects/occupational skills covered	Psychological counseling; Abilities and competencies in psychological practice – rational emotive and behavioral education		
Name and type of organisation providing education and training	Babeş-Bolyai University, Faculty of Psychology and Education Sciences, Cluj-Napoca		

Level in national or international classification	Doctoral school
Dates	September 2003 – september 2005
Title of qualification awarded	Masteral studies graduate, M.A.
Principal subjects/occupational skills covered	Psychological Counseling Abilities and competencies in psychological practice – psychological counseling
Name and type of organisation providing education and training	University of Oradea, Faculty of Social Sciences, Department of Psychology;
Level in national or international classification	Postgraduate
Dates	1997- 2001
Title of qualification awarded	College graduate, B.A.
Principal subjects/occupational skills covered	Theoretical and practical competencies in psychology
Name and type of organisation providing education and training	University of Oradea, Faculty of Social Sciences, Department of Psychology;
Level in national or international classification	College education
RELEVANT WORKSHOPS AND COURSES	
Dates	July 2011, April 2011
Title of qualification awarded	Evidence based interventions of separation anxiety in children and adolescents Evidence based interventions of social and performance anxiety in children and adolescents
Principal subjects/occupational skills covered	Theoretical and practical competencies in cognitive-behavioral therapy with children and adolescents
Name and type of organisation providing education and training	Romanian Association of Child and Adolescent Psychology – trainer Adina Botis
Level in national or international classification	Continuum professional training
Dates	March 2009
Title of qualification awarded	Methodology Workshop for Young Researchers – Antalya
Principal subjects/occupational skills covered	Theoretical and practical research competencies in the field of children and adolescents
Name and type of organisation providing education and training	European Association of Adolescence Research
Level in national or international classification	Continuum professional training
Dates	January 2009
Title of qualification awarded	Training in Cognitive-behavioral counseling for children and adolescents
Principal subjects/occupational skills covered	Theoretical and practical competencies in the evaluation and counseling of children and adolescents
Name and type of organisation providing education and training	Romanian Association of Cognitive-Behavioral Psychotherapies
Level in national or international classification	Continuum professional training
Dates	January 2006 – June 2008
Title of qualification awarded	Advanced studies in psychotherapy

Principal subjects/occupational skills covered	Theoretical and practical competencies in cognitive-behavioral psychotherapy – Associate Level / Rational Emotive and Behavioral Psychotherapy					
Name and type of organisation providing education and training	International Institute for Advanced Studies in Psychotherapy and Applied Mental Health, Republicii Street, no. 37, Cluj-Napoca Romania					
Level in national or international classification	Postgraduate studies in psychotherapy and psychological counseling					
Personal skills and competencies						
Mother tongue(s)	Romanian					
Other language(s)	English – knowledges acquired during high school and college and through individual study					
Self-assessment	Understanding		Speaking		Writing	
<i>European level (*)</i>	Listening	Reading	Spoken interaction	Spoken production		
English	Proficient user	Proficient user	Independent user	Independent user	Independent user	
	(*) <i>Common European Framework of Reference for Languages</i>					
Membership in professional organizations	- 2008 – present – secretary – Romanian Association of Psychological Counseling - 2006 – present – secretary – National Association of School Psychologists - 2006 – present – member of Romanian College of Psychologists					
Research competencies	Publications Books and chapters in books 1. Trip, S., Bora, C. (2014). <i>Reducing aggressiveness in school. A rational emotive-behavioral program – Secondary School. Bucharest: Didactical and Pedagogical Publishing</i> , ISBN: 978-973-30-3799-6 2. Trip, S., Bora, C. (2014). <i>Reducing aggressiveness in school. A rational emotive-behavioral program – High School. Bucharest: Didactical and Pedagogical Publishing</i> , ISBN: 978-973-30-3800-9 3. Bora, C. (2011). <i>Rational emotive and behavioral education for teachers. A mental health program, University of Oradea Publishing, Oradea</i> , ISBN: 978-606-10-0556-7 4. Trip, S., Bora, C. (2010). <i>Rational-emotive and behavioral education. Primary and secondary prevention program for V-VIII grades/ IX-XII grades. University of Oradea Publishing Oradea</i> Articles 1. Bora, C., Vernon, A., Trip, S. (2013). Effectiveness of a rational emotive and behavior education program in reducing teachers' emotional distress. <i>Journal of Cognitive and Behavioral Psychotherapies</i> , 13(2a), 585-604 2. Trip, S., Bora, C. (2012). A universal primary prevention program for aggressive behavior in secondary school. <i>Procedia – Social and Behavioral Science</i> . 33, 573-577 3. Trip, S., Bora, C. (2012). Psychometric properties of low frustration tolerance scale for students. <i>Procedia – Social and Behavioral Science</i> . 33, 578-582 4. Trip, S., Bora, C., Corodeanu, A., Harja, L., Venter, D. (2010). Increasing tolerance in adolescents through rational emotive and behavioral education, <i>University of Oradea Annals – Psychology Fascicule, CEEOL</i> , vol. XVIII, 48-68. 5. Trip, S., McMahon, J., Bora, C., Chipea, F. (2010). The effectiveness of a rational emotive and behavioral education program in diminishing dysfunctional thinking, behaviors and emotions in children. <i>Journal of Cognitive and Behavioral Psychotherapies</i> , 10(2), 173-186 6. Bora, C., Bernard, M., Trip, S., Decsei-Radu, A., Chereji, S. (2009). Teacher Irrational Belief Scale – Preliminary Norms for Romanian Population, <i>Journal of Cognitive and Behavioral Psychotherapies</i> , 9(2), 211-220 Participation in international conferences • October 19th 2012, International Conference "Bullying and Cyberbullying: The Interface between Science and Practice", Viena, Austria, <i>The ViSC-REBE Program: Improving the effectiveness of school based prevention programs to reduce aggressive behavior in Romania and Austria</i> , (Stroehmeier, D., Trip, S., Stefanek, E., Bora, C.H., Geadinger, P, Tocai, I., Sipos-Gug, S.) • October 27 th -30 th 2011, International Conference PSIWORLD 2011 „Psychology and the realities of the contemporary world”, Bucharest, <i>A universal primary prevention program for aggressive behavior in secondary school</i> (Trip, S., Bora, C.)					

<p>Research competencies</p>	<p>Participation in international conferences</p> <ul style="list-style-type: none"> • October 27th-30th 2011, International Conference PSIWORLD 2011 „Psychology and the realities of the contemporary world”, Bucharest, <i>Psychometric properties of low frustration tolerance scale for students</i> (Trip, S., Bora, C.) • August 31th – September 3rd 2011, 41th Annual Congress of EABCT, Reykjavik, <i>Teachers' mental health – effectiveness of a rational emotive and behavioral education program</i> (Bora, C., Trip, S.) • August 31th – September 3rd 2011, 41th Annual Congress of EABCT, Reykjavik, Iceland, <i>Increasing frustration tolerance in order to decrease students' anger and aggression – the efficiency of a secondary prevention program based on rational emotive education</i> (Trip, S., Bora, C.) • June 2nd-5th 2011, The 7th Congress of the International Association of Cognitive Therapy „Clinical Science”, Istanbul, Turkey, <i>Primary prevention program for aggressive behaviors in high school</i> (Bora, C., Trip, S.) • June 2nd-5th 2011, The 7th Congress of the International Association of Cognitive Therapy „Clinical Science”, Istanbul, Turkey, <i>Primary prevention program for aggressive behaviors in secondary school</i> (Trip, S., Bora, C.) • October 7th-10th 2010, 40th Annual Congress of EABCT, Milan, Italy, <i>The efficiency of rational-emotive and behavioral education in decreasing anger and undisciplined behavior in preteens and adolescents. A primary prevention program based on low frustration tolerance modification</i> (Trip, S., Bora, C., Harja., L., Venter, D.) • October 7th-10th 2010, 40th Annual Congress of EABCT, Milan, Italy, <i>A cognitive-behavioral program for teachers. Preventing behavioral problems in school</i> (Trip, S., Bora, C., Dume, C.)
	<p>Research grants</p> <ul style="list-style-type: none"> ▪ Researcher in Capacities Module III Bilateral Cooperation Romania-Austria Grant (2012-2013), <i>Effectiveness of prevention programs for aggressive behaviors in school</i>, awarded to dr. Simona Trip, contract no 542/30.05.2012 ▪ Researcher in PNII – 688 (2009-2011) Research grant, <i>Reducing aggressive behaviors in school through rational emotive education as a primary and secondary prevention program</i>, awarded to Dr. Simona Trip, contract no. 962/19.01.2009 ▪ Researcher in Daphne III (2010-2011) Research grant, <i>An indirect harmful effect of violence:Victimizing the child and re-victimizing the woman-mother through her child's exposure to violence against herself</i>, University of Cyprus - coordinator; University of Oradea, partner <p>Other activities</p> <ul style="list-style-type: none"> ◆ Member in the team of adaptation for Romanian population of Millon Clinical Inventory for Pre-Adolescents, coord. Daniel David (2010) and Millon Clinical Inventory for Adolescents, coord. Daniel David (2010) ◆ Rational Emotive and Behavioral Psychotherapist ◆ Clinical Psychologist, level specialist