THE PREDICTION OF SEPARATION-INDIVIDUATION THROUGH INTERNAL-EXTERNAL LOCUS OF CONTROL IN TURKISH LATE ADOLESCENTS

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Abstract
This study determines the relationship between separation-individuation and internal-external control in terms of how Turkish late adolescents evaluate themselves with the help of the prediction of internal-external control. The study group consisted of 1-4th year students studying at Ankara University, Hacettepe University, and Kırıkkale University. The Scale of Adolescent Separation-Individuation and Rotter’s Internal-External Locus of Control Scale were used as research instruments. The data gathered were analyzed with a multiple regression analysis method. The findings of this study revealed that internal-external control predicts separation anxiety, engulfment anxiety, and nurturance seeking in a meaningful way. However, internal-external control does not predict peer enmeshment, teacher enmeshment, practicing mirroring, need denial, rejection expectancy, and healthy separation. Research findings from the literature were discussed with those of the previous research and recommendations are presented.

Keywords: separation-individuation; internal-external locus of control; late adolescent; prediction

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