THE PREDICTION OF SEPARATION-INDIVIDUATION THROUGH SELF-ESTEEM IN TURKISH ADOLESCENTS

Sevda Aslan *
Kirikkale University, Turkey

Abstract
This study determines the relationship between separation-individuation and self-esteem in terms of how Turkish late adolescents evaluate themselves with the help of the prediction of self-esteem. The study group consisted of students studying 9th, 10th, 11th, 12th grades in Anıttepe High School, Ayrancı High School, and Cumhuriyet High School. High-school form of the Separation-Individuation Test of Adolescence and Rosenberg Self-Esteem Scale were used as research instruments. The data gathered were analyzed with a multiple regression analysis method. The findings of this study revealed that self-esteem predicts separation anxiety, engulfment anxiety, teacher enmeshment, practicing mirroring, need denial, and rejection expectancy in a meaningful way. However, self-esteem does not predict nurturance seeking, peer enmeshment, and healthy separation. Research findings from the literature were discussed with those of the previous research and recommendations are presented.

Keywords: separation-individuation, self-esteem, adolescent, prediction

Correspondence concerning this paper should be addressed to:

* Ph.D., Kirikkale University, Faculty of Education, Psychological Counselling and Guidance Department, Ankara Road 7.km. 71450 Yahşihan/Kirikkale, Turkey. E-mail: sevda.aslan@gmail.com; sevda.aslan@kku.edu.tr Phone: +90 505 791 2371 Fax: +90 318 357 2487