THE WAY PERCEPTION OF BEHAVIOURAL DETERMINANTS INFLUENCE THE DYSFUNCTIONAL ATTRIBUTIONS IN DEPRESSION

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Abstract
There were examined the predictions according to which attributional reformulation of learned helplessness theory regarding determinant factors of depression, in the case a group of participants with depressive mood. In the examination there were used both real life event and hypothetical ones. By the way of analysis two “pre-attributional” variables, consensus and consistency judgments were associated with negative attributional style and depression. Consensus judgment is an important predictor of depression if the participants with depressive mood report an increased number of negative life events. The results highlight the relation between perceived low consensus and depression and the etiologic role of this variable (but also that of consistency judgments) and also the necessity for implementing some future studies in this research area.

Keywords: helplessness, behavioural determinants, attributions, depression, life events

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