ROMANIAN ADAPTATION OF THE SATISFACTION WITH LIFE SCALE

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Abstract
Quality of life and well-being are key ingredients of mental health. There are several conceptual models and derivative measures of well-being. Subjective well-being is, perhaps, the most prominent perspective on well-being, with the Satisfaction with Life Scale (SWLS) constructed in line with this perspective. Regrettably, the SWLS has not been adapted for use in scientific research and applied practice in Romania. In our initial study, we translated the SWLS using transliteration and back-translation procedures, and tested the equivalence of Romanian and English versions of the SWLS with the bilingual retest technique. In our second study, we established some of the psychometric properties of the Romanian SWLS, including its factor structure. Preliminary results revealed high test-retest and internal consistency reliability, convergent validity, and a single factor similar to that found in other cross-cultural adaptations of the SWLS. Future research will entail further examination of the psychometric properties of the Romanian SWLS and the development of national norms so that the instrument can be used in research and practice.

Keywords: subjective well-being, Satisfaction with Life Scale, test adaptation

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