

IRAȚIONALITATE ȘI SUICID

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Abstract

In this paper we studied the relationship between Ellis's irrational beliefs and suicide risk. For this purpose a total of 140 subjects were used. They were divided into two samples (non-depressive and depressive) according to the score the subjects obtained on the Beck Depression Inventory. The results show a significant difference between the two samples regarding overall irrationality, depressives being more irrational. In addition, a significant difference was obtained within the samples between those with low, medium and high irrationality, those with higher levels of irrationality having a higher suicide risk. This was true for both depressive and non/depressive samples.

Keywords: *suicide, irrational beliefs, depression*

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