

INFLUENȚA VÂRSTEI ASUPRA COGNIȚIILOR IRAȚIONALE

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Abstract

This study proves the effect of age on the level of irrationality in both cases – when Idea Inventory was applied and when ABS 2 was used, but the patterns are different. The records of Idea Inventory show that old adults are the most irrational, but the data collected by ABS 2 sustain that the adolescents are the most irrational age category. These differences are the results of the scales' construction. The Idea Inventory is dominated by the irrational cognition of “must”, the old adults recorded the highest scores at this irrational belief measured by ABS 2. The human worth rating cognition is more common for adolescents. The “awfulizing” and LFT beliefs are as strong for adolescents, as for adults and old adults.

Keywords: *irrationality, age, belief*

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